

## DIRECTIONS:

(<http://www.sunyit.edu/directions>)

### From the NYS Thruway (I-90)

Take Exit 31/Utica. After toll, bear right onto N. Genesee St. and stay in right lane. Turn right at light and immediately turn right onto ramp for West I-790/Rtes. 5/8/12/Rte. 49. Travel less than one mile and take the Rtes. 8/12 north exit onto Horatio Street north. Proceed for 1.2 miles on Horatio Street north onto the SUNY Institute of Technology exit ramp. Stay in the right lane on Mulaney Road and follow the sign for SUNY Institute of Technology onto the ramp for Horatio Street south. Proceed about a half-mile on Horatio Street south and turn right at the campus entrance.

### From NYS Rte. 49

turn onto Rtes. 8/12 north exit onto Horatio Street north. Proceed for about one mile on Horatio Street north onto the SUNY Institute of Technology exit ramp. Stay in the right lane on Mulaney Road and follow the sign for SUNY Institute of Technology onto the ramp for Horatio Street south. Proceed about a half-mile on Horatio Street south and turn right at the campus entrance.

### From Rtes. 5/8/12

Take the SUNY Institute of Technology/Horatio Street exit and stay in the right lane, less than one mile onto the SUNY Institute of Technology exit ramp. Stay in the right lane on Mulaney Road and follow the sign for SUNY Institute of Technology onto the ramp for Horatio Street south. Proceed about a half-mile on Horatio Street south and turn right at the campus entrance

**Parking is available in Lots B and C**

## SPONSORED BY:



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COMMUNITY AND BEHAVIORAL HEALTH PROGRAM



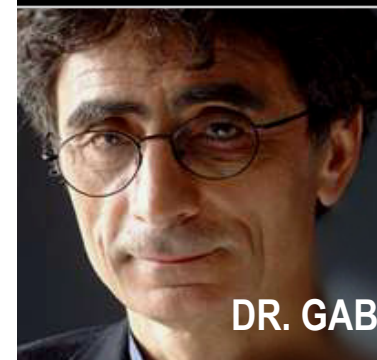
STOP ACES COMMITTEE

*"Promoting Healthy Childhood Environments"*

*Funding for this conference was made possible by the Stop  
ACES Committee*

# Kids In CHAOS

FEATURING:



**DR. GABOR MATÉ**

**UNDERSTANDING CHILDHOOD DYSFUNCTION  
& PROMOTING RESILIENCE**

Tuesday, October 11, 2011  
1:00pm – 4:00pm

SUNY IT  
Kunsela Hall Auditorium  
5701 Horatio Street  
Marcy, NY 13403

**No Charge**  
*Registration information inside*

Gabor Maté M.D. is a physician and author. As a public speaker, he addresses professional and lay audiences all over North America. His four books are all Canadian bestsellers, published internationally in nearly twenty languages. The most recent, *In the Realm of Hungry Ghosts: Close Encounters with Addiction* has been awarded the Hubert Evans prize for literary non-fiction. Gabor was for twenty years a family practitioner and for seven years served as Medical Coordinator of the Palliative Care Unit at Vancouver Hospital, caring for the terminally ill.

For 12 years he worked in Vancouver's Downtown Eastside with patients challenged by hard core drug addiction, mental illness and HIV. His other interests encompass childhood developmental issues, adolescent mental health, and parenting issues, as articulated in his books *Scattered Minds*, on attention deficit disorder on which he has a unique perspective, and *Hold On To Your Kids: Why Parents Need to Matter More Than Peers*. He also has a unique view of stress and the mind/body unity in health and illness, the subject of his most translated work, *When The Body Says No: Exploring The Stress/Disease Connection*.

In 2009 Dr. Maté was honored with an Outstanding Alumnus Award from Simon Fraser University. In 2011 he received an honorary doctorate degree from the University of Northern British Columbia, and he has also been nominated to the position of Adjunct Clinical Professor at the School of Criminology, Simon Fraser University.

## KIDS IN CHAOS: Understanding Childhood Dysfunction & Promoting Resilience

Dr. Gabor Maté will present an informative talk about how negative experiences may affect children. Trauma, abuse, or parental neglect of a child may lead to developmental disorders such as Attention Deficit Hyper Activity Disorder (ADHD) or Oppositional Defiant Disorder (ODD) according to Dr. Maté.

Adverse Childhood Experiences (ACES) such as those listed above may also be linked to mental health issues in adults. Disorders such as depression, anxiety as well as personality disorders may be linked to ACEs or the lack of positive childhood experiences.

Other issues Dr. Gabor Maté will discuss include:

- The basis of healthy child development: relationships with parents and other adults
- How brain development of a child may be changed by the environment in which the child grows.
- Understanding family stresses and how to create a safer environment for children.
- How to promote childhood resilience

*Copies of Dr. Maté's published work will be available  
for purchase*



## CONFERENCE REGISTRATION INFORMATION

**TARGETED AUDIENCE:**  
Parents and Professionals

**REGISTRATION DEADLINE:**  
October 1, 2011

**FEE:**  
**FREE**

**REGISTER BY PHONE OR EMAIL AT:**  
(315) 792-7819 **OR** [castelc@sunyit.edu](mailto:castelc@sunyit.edu)

### **PROVIDE THE FOLLOWING INFORMATION:**

- Full Name
- Parent or Professional
- Organization
- Mailing Address
- Phone
- Email address

*See other side for directions*